## How to make Beef Steak

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## **INGREDIENTS**

- •300 g rib eye beef, 1 piece
- •Sea salt and a little coarsely ground black pepper.
- •a little olive oil.
- •Roasted Garlic, for serving.
- •1/2 cup coriander leaves.
- •1/2 cup parsley leaves.
- •3/4 cup olive oil.
- •2 tablespoons of garlic.
- •1/4 teaspoon sea salt.

## How to do.

- 1.Make the sauce by blending coriander, parsley, olive oil, garlic, and salt together thoroughly. Add all remaining ingredients, stir to combine, taste and set aside.
- 2.Season the beef with salt, pepper and olive oil. Roast in a pan for grilling until cooked to your liking. Served with cheesy sauce and roasted garlic.

## MAKE BEEF STEAK

